NHD UTAH
PAPER SUBMISSION INSTRUCTIONS

Begin reading pages 22-24 in the NHD *Contest Rule Book* and following all paper rules.

PREPARE YOUR PROJECT

Your paper entry must include these elements, in this order, combined in a single PDF file.

- Title Page
- Process Paper (500 words)
- Paper (1500-2500 words)
- Appendix (optional)
- Annotated Bibliography

UPLOAD YOUR PROJECT TO THE CONTEST

You will upload a single PDF of your project directly into your **NHD student account. Check the project due dates for the contest.** Be sure to submit your finished project before this deadline.

If You Advance: If you advance to the next level of competition and revise your project, you will need to delete the old PDF and upload the revised PDF into your student profile in the next contest.

Uploading Instructions:

Step 1. Go to the contest website and login to your NHD student account. You'll need the username and password you created when your registered for the contest.

Step 2. Click on your name (top right) → click on **My Profile**.

Step 3. Upload your project files in the Paper field.

Step 4. Double-check that your file and/or link shows in the fields.

Step 5. Click **SAVE** at the bottom of the profile box.